



With the spotlight on the Swine flu virus in the U.S. and around the world, Cavalier would like to provide our valued Clients with information regarding the procedures and chemicals we have put in place as we perform our cleaning services during this time.

What Cavalier is Doing:

- Day Staff – Day Porters & Matrons
 - Performing regular applications of disinfectant throughout facilities on all touch points: door handles, elevator punch keys, water fountains, etc.
 - Paying special attention to restroom areas: flush valves, door handles on partitions and entry/exit doors, faucets, and sink handles.
- Night Staff – General Cleaners & Specialists
 - Following the same practices at day staff.

What You Can Do:

- Provide a hand sanitizer, such as Purell® Hand Sanitizer, that contains alcohol. Alcohol kills germs that cause colds and flu.
- Distribute literature on Good Health & Hygiene Practices.

From the CDC, What You Can Do to Stay Healthy:

There are everyday actions people can take to stay healthy.

- Practice Good Hygiene: Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Avoid touching your eyes, nose or mouth.



Try to avoid close contact with sick people.

- Influenza is thought to spread mainly person-to-person through coughing or sneezing of infected people.
- If you get sick, CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.

Additional Information:

- Stay Informed: Visit the Center for Disease Control and Prevention's website for the latest updates at: www.cdc.gov/swineflu
- Contact Cavalier Services to order hand sanitizer or additional cleaning services.